

# PH and Drinks

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Acidity	PH	Product
absolute neutral	7.34	Municipal water is usually around 7.5 (must be checked for each location) Most STILL WATER around 7.5 (bottled water) if not Reverse Osmosis water
neutral	7.4	STILL WATER (non carbonated), Elisabethen Quelle, Germany
kind of neutral	7.2	STILL WATER (non carbonated), Evian France, quotes 7.2 ph on the label
kind of neutral	7.1	STILL WATER (non carbonated), Gerolsteiner, Germany
almost 10-times too acidic	6.7	MILK, by Publics, Fat Free, Grade A with addition of Vitamin A & D
more than 10-times too acidic	6.3	STILL WATER (bottled water non carbonated), Voss, Norway
more than 10-times too acidic	6.1	CARBONATED WATER, Medium Gerolsteiner, Germany
almost 100-times too acidic	6.0	REVERSE OSMOSIS WATER, typically between PH 5 to 6
almost 100-times too acidic	5.9	CARBONATED WATER, Gerolsteiner, Germany
100-times too acidic	5.5	COCONUT WATER, by Zico, bottle
100-times too acidic	5.4	PEPPERMINT TEA, made with water which was originally ph 7.0
100-times too acidic	5.3	COFFEE, Starbucks
more than 100-times too acidic	5.2	COCONUT WATER, fresh from the shell
more than 100-times too acidic	5.2	COCONUT WATER, by Harmless Harvest, bottle
more than 100-times too acidic	5.1	STILL WATER (bottled water), by Dasani, Municipal water - Reverse Osmosis
more than 100-times too acidic	5.1	CARBONATED WATER, by Voss, Norway
almost 1,000-times too acidic	5.0	REVERSE OSMOSIS WATER, typically between PH 5 to 6
almost 1,000-times too acidic	4.9	APPLE JUICE mixed w. CARBONATED WATER, Gerolsteiner, Germany
1,000-times too acidic	4.4	BEER Heineken
1,000-times too acidic	4.4	BEER Budweiser
more than 1,000-times too acidic	4.2	BEER Miller Light
more than 1,000-times too acidic	4.2	JUICE, V8 Vegetable Juice
more than 1,000-times too acidic	4.3	COCONUT WATER, Vita Coco, Bottle
more than 1,000-times too acidic	4.1	APPLE JUICE mixed with STILL WATER, Evian, France
almost 10,000-times too acidic	3.6	REDWINE Black Box, Merlot, California
almost 10,000-times too acidic	3.6	JUICE, multivitamin, Hohes C, Germany
10,000-times too acidic	3.5	WHITEWINE, Woodbridge Chardonna 2015, California
10,000-times too acidic	3.5	ORANGE JUICE
10,000-times too acidic	3.5	ENERGY DRINK, Monster Energy, USA
10,000-times too acidic	3.4	APPLEJUICE, Hohes C, Germany
10,000-times too acidic	3.4	JUICE, Happy Day Rhubarb, Germany
more than 10,000-times too acidic	3.3	JUICE, Rotbäckchen, Germany
more than 10,000-times too acidic	3.2	ENERGY DRINK, Red Bull
more than 10,000-times too acidic	3.1	APPLEJUICE, Martinelli's Apple Juice, USA
more than 10,000-times too acidic	3.1	KAMBOUCHA, Synergy Organic Kombucha, Mystic Mango, USA
more than 10,000-times too acidic	3.1	KAMBOUCHA, Cape Diem, Austria
more than 10,000-times too acidic	3.1	COKE DIET
almost 100,000-times too acidic	2.9	ENERGY DRINK, Gatorade Cool Blue
almost 100,000-times too acidic	2.9	PEPSI DIET
almost 100,000-times too acidic	2.8	ENERGY DRINK, 5 Hour Energy Drink, Strawberry
almost 100,000-times too acidic	2.8	ENERGY DRINK, 5 Hour Energy, Extra Strength, Strawberry and Watermelon
almost 100,000-times too acidic	2.6	ENERGY DRINK, Powerade Orange 10N4
100,000-times too acidic	2.4	COCA COLA
100,000-times too acidic	2.4	PEPSI COLA
more than 100,000-times too acidic	2.0	JUICE Raspberry Syrup all natural